

RWK Limburg
Maastricht, 16- - 24-11-2019

Programmanr. 11
17-11-2019

Heren, 1500m vrije slag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd				tijd				RT	
Junioren 3 en 4												
1.	Joost Schuurmans	Hellas-Glana	18:27.93				200400543				18:01.90	+0,76
	100m: 1:06.32	1:06.32	500m: 5:52.07	1:12.15	900m: 10:43.33	1:12.65	1300m: 15:37.35	1:13.95	1400m: 16:49.71	1:12.36	1500m: 18:01.90	1:12.19
	200m: 2:17.11	1:10.79	600m: 7:04.92	1:12.85	1000m: 11:56.05	1:12.72						
	300m: 3:28.27	1:11.16	700m: 8:17.86	1:12.94	1100m: 13:09.16	1:13.11						
	400m: 4:39.92	1:11.65	800m: 9:30.68	1:12.82	1200m: 14:23.40	1:14.24						
2.	Jurre Veldhuijsen	Hellas-Glana	20:20.09				200400603				18:49.13	+0,70
	100m: 1:07.78	1:07.78	500m: 6:08.74	1:15.71	900m: 11:14.11	1:16.22	1300m: 16:19.64	1:16.33	1400m: 17:36.43	1:16.79	1500m: 18:49.13	1:12.70
	200m: 2:21.97	1:14.19	600m: 7:24.38	1:15.64	1000m: 12:30.39	1:16.28						
	300m: 3:37.47	1:15.50	700m: 8:41.29	1:16.91	1100m: 13:46.76	1:16.37						
	400m: 4:53.03	1:15.56	800m: 9:57.89	1:16.60	1200m: 15:03.31	1:16.55						
3.	Stan Houtvast	Hellas-Glana	20:03.07				200500883				18:56.62	+0,71
	100m: 1:08.18	1:08.18	500m: 6:09.92	1:16.34	900m: 11:15.30	1:16.02	1300m: 16:22.98	1:18.57	1400m: 17:41.08	1:18.10	1500m: 18:56.62	1:15.54
	200m: 2:22.77	1:14.59	600m: 7:26.52	1:16.60	1000m: 12:31.62	1:16.32						
	300m: 3:38.18	1:15.41	700m: 8:42.97	1:16.45	1100m: 13:47.74	1:16.12						
	400m: 4:53.58	1:15.40	800m: 9:59.28	1:16.31	1200m: 15:04.41	1:16.67						
4.	Kjell Reumkens	Hellas-Glana	19:02.85				200401385				19:27.27	+0,76
	100m: 1:07.34	1:07.34	500m: 6:02.96	1:16.14	900m: 11:14.68	1:19.04	1300m: 16:42.69	1:22.57	1400m: 18:05.76	1:23.07	1500m: 19:27.27	1:21.51
	200m: 2:20.76	1:13.42	600m: 7:20.09	1:17.13	1000m: 12:36.96	1:22.28						
	300m: 3:31.47	1:10.71	700m: 8:36.58	1:16.49	1100m: 13:58.56	1:21.60						
	400m: 4:46.82	1:15.35	800m: 9:55.64	1:19.06	1200m: 15:20.12	1:21.56						
AFGEM	Luka Geraerds	Hellas-Glana	19:37.25				200502077					
Jeugd 1 en 2												
1.	Esper Schreurs	Zeps	18:03.91				200300433				16:41.11	+0,79
	100m: 1:00.26	1:00.26	500m: 5:26.15	1:07.02	900m: 9:57.33	1:07.82	1300m: 14:27.88	1:08.23	1400m: 15:36.48	1:08.60	1500m: 16:41.11	1:04.63
	200m: 2:06.03	1:05.77	600m: 6:33.66	1:07.51	1000m: 11:04.62	1:07.29						
	300m: 3:12.10	1:06.07	700m: 7:41.76	1:08.10	1100m: 12:12.07	1:07.45						
	400m: 4:19.13	1:07.03	800m: 8:49.51	1:07.75	1200m: 13:19.65	1:07.58						
2.	Nino van Beek	Zeps	17:25.85				200202153				18:51.64	+0,75
	100m: 1:07.70	1:07.70	500m: 6:05.61	1:14.66	900m: 11:08.32	1:16.88	1300m: 16:16.10	1:16.18	1400m: 17:32.65	1:16.55	1500m: 18:51.64	1:18.99
	200m: 2:22.35	1:14.65	600m: 7:20.47	1:14.86	1000m: 12:25.17	1:16.85						
	300m: 3:36.41	1:14.06	700m: 8:35.44	1:14.97	1100m: 13:42.57	1:17.40						
	400m: 4:50.95	1:14.54	800m: 9:51.44	1:16.00	1200m: 14:59.92	1:17.35						
3.	Tom van den Akker	sgpatrick-deroersoppers	19:04.58				200204653				19:18.04	+0,60
	100m: 1:07.71	1:07.71	500m: 6:10.36	1:17.47	900m: 11:25.69	1:19.52	1300m: 16:46.79	1:19.78	1400m: 18:04.72	1:17.93	1500m: 19:18.04	1:13.32
	200m: 2:22.50	1:14.79	600m: 7:28.20	1:17.84	1000m: 12:45.99	1:20.30						
	300m: 3:37.22	1:14.72	700m: 8:47.19	1:18.99	1100m: 14:05.72	1:19.73						
	400m: 4:52.89	1:15.67	800m: 10:06.17	1:18.98	1200m: 15:27.01	1:21.29						
Senioren 1 en ouder												
1.	Maikel van der Linden	Zwemsport Parkstad	17:15.67				200003797				17:35.63	+0,68
	100m: 1:02.58	1:02.58	500m: 5:41.35	1:11.19	900m: 10:25.81	1:10.97	1300m: 15:14.07	1:12.87	1400m: 16:26.41	1:12.34	1500m: 17:35.63	1:09.22
	200m: 2:10.60	1:08.02	600m: 6:52.93	1:11.58	1000m: 11:37.60	1:11.79						
	300m: 3:20.52	1:09.92	700m: 8:04.09	1:11.16	1100m: 12:48.68	1:11.08						
	400m: 4:30.16	1:09.64	800m: 9:14.84	1:10.75	1200m: 14:01.20	1:12.52						