

Programmanr. 4  
21-2-2015 - 18:29

Heren, 400m wisselslag

13 jaar en ouder  
Resultaten Finale

rang	naam	vereniging	intijd	tijd	RT	
<b>Junioren 2, 3 en 4</b>						
<b>Finale</b>						
1.	Jacob de Roos	KNZB - RTC	4:53.20	199900553	<b>4:51.19</b> +0,76	
	50m: 29.14	29.14 150m: 1:44.86	39.72	250m: 3:02.88	39.31 350m: 4:19.06	34.90
	100m: 1:05.14	36.00 200m: 2:23.57	38.71	300m: 3:44.16	41.28 400m: 4:51.19	32.13
2.	Thom Delno	KNZB - RTC	5:12.92	200000013	<b>5:12.22</b> +0,72	
	50m: 33.19	33.19 150m: 1:54.40	42.60	250m: 3:18.13	43.46 350m: 4:38.30	37.05
	100m: 1:11.80	38.61 200m: 2:34.67	40.27	300m: 4:01.25	43.12 400m: 5:12.22	33.92
3.	Sander Crooijmans	VZC E&P	5:15.38	200100383	<b>5:17.41</b> +0,76	
	50m: 34.42	34.42 150m: 1:55.89	40.35	250m: 3:19.68	44.30 350m: 4:41.86	36.55
	100m: 1:15.54	41.12 200m: 2:35.38	39.49	300m: 4:05.31	45.63 400m: 5:17.41	35.55
4.	Mathijs Verdonck	PSV	5:26.96	200101685	<b>5:29.55</b> +0,65	
	50m: 35.16	35.16 150m: 2:03.25	43.69	250m: 3:31.23	45.47 350m: 4:55.72	37.19
	100m: 1:19.56	44.40 200m: 2:45.76	42.51	300m: 4:18.53	47.30 400m: 5:29.55	33.83
5.	Rohan Vazirani	Ealing Swimming Club	5:26.10	833311	<b>5:29.61</b> +0,77	
	50m: 35.82	35.82 150m: 2:03.50	43.91	250m: 3:32.76	47.18 350m: 4:56.01	36.09
	100m: 1:19.59	43.77 200m: 2:45.58	42.08	300m: 4:19.92	47.16 400m: 5:29.61	33.60
6.	Christian Funk	DSW 1912 Darmstadt e.V.	5:42.96	239059	<b>5:46.79</b> +0,67	
	50m: 34.17	34.17 150m: 2:05.65	44.96	250m: 3:38.17	48.50 350m: 5:08.37	40.21
	100m: 1:20.69	46.52 200m: 2:49.67	44.02	300m: 4:28.16	49.99 400m: 5:46.79	38.42
7.	Robbe Does Verhaeghe	Royal Ostend Swimming Club	5:51.01	ROSC/10502/01	<b>5:58.29</b> +0,63	
	50m: 38.69	38.69 150m: 2:11.15	45.33	250m: 3:49.82	53.86 350m: 5:21.59	38.80
	100m: 1:25.82	47.13 200m: 2:55.96	44.81	300m: 4:42.79	52.97 400m: 5:58.29	36.70
AFGEM	Jan-Willem Topfer	PSV	5:27.76	200101825		

**Jeugd 1 en 2**

<b>Finale</b>						
1.	Mate Kutasi	Testnevelesi Egyetem	4:37.85		<b>4:36.35</b> +0,66	
	50m: 29.73	29.73 150m: 1:40.03	36.63	250m: 2:52.82	37.01 350m: 4:05.61	34.07
	100m: 1:03.40	33.67 200m: 2:15.81	35.78	300m: 3:31.54	38.72 400m: 4:36.35	30.74
2.	Richard Miksi	Hodmezovhely Szenior Club	4:46.40		<b>4:43.84</b> +0,68	
	50m: 29.83	29.83 150m: 1:43.50	39.49	250m: 3:00.24	37.65 350m: 4:12.40	33.69
	100m: 1:04.01	34.18 200m: 2:22.59	39.09	300m: 3:38.71	38.47 400m: 4:43.84	31.44
3.	Bart Sommeling	De Dolfijn	4:55.20	199800765	<b>4:55.47</b> +0,70	
	50m: 30.11	30.11 150m: 1:46.76	39.65	250m: 3:07.62	43.06 350m: 4:24.20	33.35
	100m: 1:07.11	37.00 200m: 2:24.56	37.80	300m: 3:50.85	43.23 400m: 4:55.47	31.27
4.	Ivar de Jong	De Dolfijn	5:02.79	199700869	<b>4:55.54</b> +0,77	
	50m: 30.73	30.73 150m: 1:47.72	40.28	250m: 3:07.69	40.77 350m: 4:24.38	34.68
	100m: 1:07.44	36.71 200m: 2:26.92	39.20	300m: 3:49.70	42.01 400m: 4:55.54	31.16
5.	Jonne Schaafsma	Racing Club	4:58.58	199800745	<b>5:04.46</b> +0,77	
	50m: 30.56	30.56 150m: 1:50.53	41.07	250m: 3:12.53	42.88 350m: 4:30.65	35.12
	100m: 1:09.46	38.90 200m: 2:29.65	39.12	300m: 3:55.53	43.00 400m: 5:04.46	33.81

**Senioren 1 en ouder**

<b>Finale</b>						
1.	Lucas Greven	KNZB - NTC	4:36.11	199501941	<b>4:34.64</b> +0,68	
	50m: 29.12	29.12 150m: 1:41.14	38.26	250m: 2:55.06	36.78 350m: 4:04.44	32.28
	100m: 1:02.88	33.76 200m: 2:18.28	37.14	300m: 3:32.16	37.10 400m: 4:34.64	30.20
2.	Julius Flohr	DSW 1912 Darmstadt e.V.	4:36.28	160853	<b>4:36.83</b> +0,75	
	50m: 29.53	29.53 150m: 1:39.28	36.52	250m: 2:54.60	40.11 350m: 4:06.32	33.02
	100m: 1:02.76	33.23 200m: 2:14.49	35.21	300m: 3:33.30	38.70 400m: 4:36.83	30.51

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Finale

BM	Arjan Knipping		PSV				NT	199401667			<b>4:33.20</b>	+0,68
	50m:	28.90	28.90	150m:	1:38.29	35.85	250m:	2:51.91	38.66	350m:	4:02.52	32.13
	100m:	1:02.44	33.54	200m:	2:13.25	34.96	300m:	3:30.39	38.48	400m:	4:33.20	30.68