

Programmanr. 10
22-2-2015

Heren, 400m vrije slag

Senioren Open
Resultaten Finale

rang	naam	vereniging	intijd	tijd	RT			
Junioren 2 en later								
Finale								
1.	Sander Crooijmans	VZC E&P	4:35.03	200100383	4:38.04 +0,78			
	50m: 30.77	30.77	150m: 1:41.14	35.74	250m: 2:52.56	35.37	350m: 4:03.33	34.99
	100m: 1:05.40	34.63	200m: 2:17.19	36.05	300m: 3:28.34	35.78	400m: 4:38.04	34.71
2.	Vincent Crooijmans	VZC E&P	4:37.84	200100381	4:41.11 +0,75			
	50m: 31.06	31.06	150m: 1:41.36	35.68	250m: 2:53.50	35.85	350m: 4:06.15	36.47
	100m: 1:05.68	34.62	200m: 2:17.65	36.29	300m: 3:29.68	36.18	400m: 4:41.11	34.96
3.	Rohan Vazirani	Ealing Swimming Club	4:44.26	833311	4:51.59 +0,72			
	50m: 33.10	33.10	150m: 1:46.87	36.99	250m: 3:00.81	36.82	350m: 4:15.18	37.10
	100m: 1:09.88	36.78	200m: 2:23.99	37.12	300m: 3:38.08	37.27	400m: 4:51.59	36.41
4.	Freek Hollander	DES	5:01.23	200103815	5:02.68 +0,74			
	50m: 33.46	33.46	150m: 1:48.89	38.61	250m: 3:06.11	39.06	350m: 4:23.76	38.46
	100m: 1:10.28	36.82	200m: 2:27.05	38.16	300m: 3:45.30	39.19	400m: 5:02.68	38.92
5.	Nika Tchikhinachvili	DES	5:13.48	200104243	5:09.51 +0,71			
	50m: 33.75	33.75	150m: 1:51.34	38.80	250m: 3:09.83	39.00	350m: 4:31.20	40.46
	100m: 1:12.54	38.79	200m: 2:30.83	39.49	300m: 3:50.74	40.91	400m: 5:09.51	38.31
6.	Miguel Klooster	DWT	5:28.73	200100613	5:30.61 +0,75			
	50m: 36.42	36.42	150m: 1:58.99	41.94	250m: 3:25.08	43.18	350m: 4:49.87	41.85
	100m: 1:17.05	40.63	200m: 2:41.90	42.91	300m: 4:08.02	42.94	400m: 5:30.61	40.74
NG.ZA	Jorgen Frederik Lollesgaard	Ealing Swimming Club	5:42.33	757103				

Junioren 3 en 4

Finale								
1.	Lennart Muijzer	WS Twente	4:46.08	199903587	4:46.56 +0,76			
	50m: 31.19	31.19	150m: 1:42.17	36.06	250m: 2:55.80	37.07	350m: 4:11.14	37.42
	100m: 1:06.11	34.92	200m: 2:18.73	36.56	300m: 3:33.72	37.92	400m: 4:46.56	35.42
2.	Kilian Xavier de Kruyf Molina	DES	5:03.84	200002667	4:58.40 +0,76			
	50m: 32.02	32.02	150m: 1:45.86	37.43	250m: 3:02.55	38.43	350m: 4:21.19	39.29
	100m: 1:08.43	36.41	200m: 2:24.12	38.26	300m: 3:41.90	39.35	400m: 4:58.40	37.21
3.	Doran Paap	Racing Club	5:00.15	200000301	4:58.51 +0,75			
	50m: 32.82	32.82	150m: 1:47.48	37.96	250m: 3:05.06	38.99	350m: 4:23.06	38.93
	100m: 1:09.52	36.70	200m: 2:26.07	38.59	300m: 3:44.13	39.07	400m: 4:58.51	35.45

Jeugd 1 en 2

Finale								
1.	Tamas Novoszath	Szegedi Uszo Eglyet	4:07.10		4:04.77 +0,64			
	50m: 28.25	28.25	150m: 1:29.97	30.27	250m: 2:31.71	30.29	350m: 3:34.13	31.36
	100m: 59.70	31.45	200m: 2:01.42	31.45	300m: 3:02.77	31.06	400m: 4:04.77	30.64
2.	Jorgos Skotadis	KNZB - RTC	4:14.71	199803317	4:17.60 +0,75			
	50m: 28.61	28.61	150m: 1:31.88	31.89	250m: 2:37.44	32.73	350m: 3:44.36	33.33
	100m: 59.99	31.38	200m: 2:04.71	32.83	300m: 3:11.03	33.59	400m: 4:17.60	33.24
3.	Peter Rothengatter	KNZB - RTC	4:16.13	199701189	4:19.74 +0,72			
	50m: 28.72	28.72	150m: 1:33.55	32.49	250m: 2:39.90	33.32	350m: 3:47.48	33.72
	100m: 1:01.06	32.34	200m: 2:06.58	33.03	300m: 3:13.76	33.86	400m: 4:19.74	32.26
4.	Bart Sommeling	De Dolfijn	4:23.74	199800765	4:23.06 +0,68			
	50m: 28.80	28.80	150m: 1:35.86	33.72	250m: 2:43.19	33.65	350m: 3:51.18	33.87
	100m: 1:02.14	33.34	200m: 2:09.54	33.68	300m: 3:17.31	34.12	400m: 4:23.06	31.88
5.	Ivar de Jong	De Dolfijn	4:34.72	199700869	4:27.20 +0,74			
	50m: 29.56	29.56	150m: 1:36.85	34.45	250m: 2:45.40	34.46	350m: 3:55.05	34.66
	100m: 1:02.40	32.84	200m: 2:10.94	34.09	300m: 3:20.39	34.99	400m: 4:27.20	32.15
6.	Timos Skotadis	De Dolfijn	4:30.66	199804615	4:30.30 +0,72			
	50m: 30.05	30.05	150m: 1:35.75	33.29	250m: 2:44.63	34.52	350m: 3:55.28	35.43
	100m: 1:02.46	32.41	200m: 2:10.11	34.36	300m: 3:19.85	35.22	400m: 4:30.30	35.02

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Senioren 1 en ouder

Finale

1. Mathys Goosen	KNZB - NTC	4:06.35	199605695	4:06.48	+0,74
50m: 26.31	26.31 150m: 1:28.83	31.92	250m: 2:32.45	31.53	350m: 3:35.58
100m: 56.91	30.60 200m: 2:00.92	32.09	300m: 3:04.08	31.63	400m: 4:06.48
2. Ruben Dekker	De Dolfijn	4:20.93	199300627	4:14.14	+0,76
50m: 28.15	28.15 150m: 1:32.09	32.08	250m: 2:37.08	32.15	350m: 3:42.34
100m: 1:00.01	31.86 200m: 2:04.93	32.84	300m: 3:10.17	33.09	400m: 4:14.14
3. Yannick Vijver	De Dolfijn	4:20.83	199600469	4:22.30	+0,73
50m: 28.68	28.68 150m: 1:34.26	33.38	250m: 2:41.16	33.48	350m: 3:49.45
100m: 1:00.88	32.20 200m: 2:07.68	33.42	300m: 3:15.27	34.11	400m: 4:22.30
AFGEM Jeffrey Camphens	DWT	4:37.38	199503113		

Paralympisch

Finale

1. Thijs van Hofweegen	NTC Paralympisch	5:25.43	199605253	S7	5:31.00	+1,00	600
50m: 35.72	35.72 150m: 1:58.29	42.60	250m: 3:24.01	43.32	350m: 4:49.22	42.89	
100m: 1:15.69	39.97 200m: 2:40.69	42.40	300m: 4:06.33	42.32	400m: 5:31.00	41.78	
AFGEM Charalampos Papaioannou	Greece	5:53.92	4658	S7			