

Programmanr. 10  
20-2-2015 - 20:40

Heren, 400m vrije slag

Senioren Open  
Resultaten Voorronde

rang	naam	vereniging	intijd	tijd	RT
<b>Junioren 2 en later</b>					
1.	Sander Crooijmans	VZC E&P	4:25.16	200100383	<b>4:35.03</b> A +0,72
	50m: 30.63	30.63 150m: 1:40.92	35.46	250m: 2:51.39	34.95 350m: 4:01.10
	100m: 1:05.46	34.83 200m: 2:16.44	35.52	300m: 3:26.46	35.07 400m: 4:35.03
2.	Vincent Crooijmans	VZC E&P	4:29.25	200100381	<b>4:37.84</b> A +0,67
	50m: 30.91	30.91 150m: 1:42.04	35.62	250m: 2:53.01	35.53 350m: 4:03.64
	100m: 1:06.42	35.51 200m: 2:17.48	35.44	300m: 3:28.69	35.68 400m: 4:37.84
3.	Rohan Vazirani	Ealing Swimming Club	4:42.01	833311	<b>4:44.26</b> A +0,73
	50m: 32.59	32.59 150m: 1:45.04	36.21	250m: 2:57.08	35.77 350m: 4:09.74
	100m: 1:08.83	36.24 200m: 2:21.31	36.27	300m: 3:33.37	36.29 400m: 4:44.26
4.	Harrison Filby	Ealing Swimming Club	4:59.73	714673	<b>4:58.98</b> A +0,68
	50m: 33.16	33.16 150m: 1:48.53	37.91	250m: 3:05.38	38.27 350m: 4:22.43
	100m: 1:10.62	37.46 200m: 2:27.11	38.58	300m: 3:43.89	38.51 400m: 4:58.98
5.	Sam Thornton	Ealing Swimming Club	5:11.00	872134	<b>4:59.62</b> A +0,74
	50m: 32.61	32.61 150m: 1:48.43	38.06	250m: 3:06.15	38.67 350m: 4:23.48
	100m: 1:10.37	37.76 200m: 2:27.48	39.05	300m: 3:44.88	38.73 400m: 4:59.62
6.	Freek Hollander	DES	5:02.65	200103815	<b>5:01.23</b> A +0,77
	50m: 33.44	33.44 150m: 1:49.59	38.38	250m: 3:06.86	38.83 350m: 4:25.65
	100m: 1:11.21	37.77 200m: 2:28.03	38.44	300m: 3:46.51	39.65 400m: 5:01.23
7.	Nika Tchikhinachvili	DES	5:24.67	200104243	<b>5:13.48</b> A +0,83
	50m: 31.91	31.91 150m: 1:49.02	39.09	250m: 3:10.11	40.62 350m: 4:33.71
	100m: 1:09.93	38.02 200m: 2:29.49	40.47	300m: 3:51.98	41.87 400m: 5:13.48
8.	Sebastiano Lanucara	DSW 1912 Darmstadt e.V.	5:12.58	268680	<b>5:13.59</b> A +0,79
	50m: 33.48	33.48 150m: 1:51.62	40.06	250m: 3:13.56	41.32 350m: 4:33.77
	100m: 1:11.56	38.08 200m: 2:32.24	40.62	300m: 3:54.67	41.11 400m: 5:13.59
9.	Pietro Lombardo	Ealing Swimming Club	5:25.54	965386	<b>5:20.85</b> R +0,79
	50m: 35.15	35.15 150m: 1:56.01	40.82	250m: 3:20.43	42.06 350m: 4:44.00
	100m: 1:15.19	40.04 200m: 2:38.37	42.36	300m: 4:02.11	41.68 400m: 5:20.85
10.	Anthony Atanasov	Ealing Swimming Club	5:51.58	1177773	<b>5:25.98</b> R +0,80
	50m: 35.02	35.02 150m: 1:58.07	42.07	250m: 3:22.24	41.85 350m: 4:46.04
	100m: 1:16.00	40.98 200m: 2:40.39	42.32	300m: 4:04.38	42.14 400m: 5:25.98
11.	Miguel Klooster	DWT	5:30.92	200100613	<b>5:28.73</b> +0,81
	50m: 35.74	35.74 150m: 1:56.97	41.58	250m: 3:21.83	42.24 350m: 4:47.94
	100m: 1:15.39	39.65 200m: 2:39.59	42.62	300m: 4:05.71	43.88 400m: 5:28.73
12.	Jorgen Frederik Lollesgaard	Ealing Swimming Club	6:03.08	757103	<b>5:42.33</b> +0,88
	50m: 36.93	36.93 150m: 2:06.79	45.27	250m: 3:35.61	45.28 350m: 5:02.21
	100m: 1:21.52	44.59 200m: 2:50.33	43.54	300m: 4:19.18	43.57 400m: 5:42.33
<b>Junioren 3 en 4</b>					
1.	Ben Hooper	Ealing Swimming Club	4:29.35	526624	<b>4:27.91</b> A +0,78
	50m: 29.26	29.26 150m: 1:35.42	33.48	250m: 2:44.09	34.43 350m: 3:54.12
	100m: 1:01.94	32.68 200m: 2:09.66	34.24	300m: 3:19.03	34.94 400m: 4:27.91
2.	Martin Ruiter	De Houtrib	4:17.89	200001309	<b>4:30.48</b> A +0,72
	50m: 29.13	29.13 150m: 1:37.33	34.02	250m: 2:46.53	35.10 350m: 3:57.67
	100m: 1:03.31	34.18 200m: 2:11.43	34.10	300m: 3:22.57	36.04 400m: 4:30.48
3.	Bryce Puszet	Ealing Swimming Club	4:33.20	728186	<b>4:34.99</b> A +0,69
	50m: 29.92	29.92 150m: 1:38.09	34.56	250m: 2:48.63	35.01 350m: 3:59.84
	100m: 1:03.53	33.61 200m: 2:13.62	35.53	300m: 3:23.74	35.11 400m: 4:34.99
4.	Lennart Muijzer	WS Twente	4:43.74	199903587	<b>4:46.08</b> A +0,77
	50m: 30.99	30.99 150m: 1:41.07	35.75	250m: 2:55.10	37.14 350m: 4:10.67
	100m: 1:05.32	34.33 200m: 2:17.96	36.89	300m: 3:33.11	38.01 400m: 4:46.08
5.	Jaap van Trijp	Racing Club	4:30.82	199903225	<b>4:47.45</b> A +0,67
	50m: 30.20	30.20 150m: 1:40.01	35.62	250m: 2:54.60	37.92 350m: 4:10.68
	100m: 1:04.39	34.19 200m: 2:16.68	36.67	300m: 3:32.52	37.92 400m: 4:47.45
6.	Doran Paap	Racing Club	5:00.14	200000301	<b>5:00.15</b> A +0,70
	50m: 32.72	32.72 150m: 1:47.71	38.23	250m: 3:05.64	38.85 350m: 4:23.31
	100m: 1:09.48	36.76 200m: 2:26.79	39.08	300m: 3:44.81	39.17 400m: 5:00.15
7.	Kilian Xavier de Kruyf Molina	DES	4:40.14	200002667	<b>5:03.84</b> A +0,77
	50m: 32.06	32.06 150m: 1:46.79	38.09	250m: 3:04.88	39.56 350m: 4:25.39
	100m: 1:08.70	36.64 200m: 2:25.32	38.53	300m: 3:44.93	40.05 400m: 5:03.84
AFGEM	Jack Stevens	Ealing Swimming Club	4:37.96	471211	

Programmanr. 10, Jongens, 400m vrije slag, Voorronde, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
NG	Stijn Simons	PSV	4:20.51	199900813	

Jeugd 1 en 2

1.	Tamas Novoszath	Szegedi Uszo Egylet	4:02.99		<b>4:07.10</b> A	+0,65	
	50m: 28.78	28.78 150m: 1:32.11	31.82	250m: 2:35.07	30.96	350m: 3:38.01	31.42
	100m: 1:00.29	31.51 200m: 2:04.11	32.00	300m: 3:06.59	31.52	400m: 4:07.10	29.09
2.	Jorgos Skotadis	KNZB - RTC	4:15.00	199803317	<b>4:14.71</b> A	+0,75	
	50m: 28.42	28.42 150m: 1:30.76	31.54	250m: 2:35.36	32.54	350m: 3:42.25	33.44
	100m: 59.22	30.80 200m: 2:02.82	32.06	300m: 3:08.81	33.45	400m: 4:14.71	32.46
3.	Peter Rothengatter	KNZB - RTC	4:26.71	199701189	<b>4:16.13</b> A	+0,84	
	50m: 28.52	28.52 150m: 1:34.43	33.08	250m: 2:39.80	32.23	350m: 3:44.54	32.18
	100m: 1:01.35	32.83 200m: 2:07.57	33.14	300m: 3:12.36	32.56	400m: 4:16.13	31.59
4.	Ruben van Leeuwen	PSV	3:59.21	199704803	<b>4:16.29</b> A	+0,72	
	50m: 30.05	30.05 150m: 1:35.25	32.49	250m: 2:40.61	32.47	350m: 3:45.16	31.90
	100m: 1:02.76	32.71 200m: 2:08.14	32.89	300m: 3:13.26	32.65	400m: 4:16.29	31.13
5.	Stijn Avezaat	PSV	4:02.98	199700729	<b>4:19.93</b> A	+0,75	
	50m: 29.74	29.74 150m: 1:35.86	33.05	250m: 2:42.02	33.04	350m: 3:48.19	32.80
	100m: 1:02.81	33.07 200m: 2:08.98	33.12	300m: 3:15.39	33.37	400m: 4:19.93	31.74
6.	Aaron Pullen	Ealing Swimming Club	4:18.51	403138	<b>4:20.80</b> A	+0,71	
	50m: 28.98	28.98 150m: 1:34.39	33.46	250m: 2:42.16	33.55	350m: 3:49.54	33.57
	100m: 1:00.93	31.95 200m: 2:08.61	34.22	300m: 3:15.97	33.81	400m: 4:20.80	31.26
7.	Bart Sommeling	De Dolfijn	4:11.69	199800765	<b>4:23.74</b> A	+0,75	
	50m: 29.74	29.74 150m: 1:36.63	33.61	250m: 2:44.01	33.59	350m: 3:51.72	33.67
	100m: 1:03.02	33.28 200m: 2:10.42	33.79	300m: 3:18.05	34.04	400m: 4:23.74	32.02
8.	Timos Skotadis	De Dolfijn	4:19.27	199804615	<b>4:30.66</b> A	+0,75	
	50m: 29.51	29.51 150m: 1:35.54	33.70	250m: 2:44.88	34.77	350m: 3:55.76	35.18
	100m: 1:01.84	32.33 200m: 2:10.11	34.57	300m: 3:20.58	35.70	400m: 4:30.66	34.90
9.	Ivar de Jong	De Dolfijn	4:09.96	199700869	<b>4:34.72</b> R	+0,77	
	50m: 31.49	31.49 150m: 1:40.49	34.93	250m: 2:51.51	35.92	350m: 4:01.54	34.54
	100m: 1:05.56	34.07 200m: 2:15.59	35.10	300m: 3:27.00	35.49	400m: 4:34.72	33.18
AFGEM	Frank Roovers	KNZB - RTC	4:13.07	199800219			

Senioren 1 en ouder

1.	Ferry Weertman	KNZB - NTC	3:48.48	199201461	<b>3:56.03</b> A	+0,80	
	50m: 28.31	28.31 150m: 1:28.95	30.29	250m: 2:28.93	29.76	350m: 3:27.87	29.28
	100m: 58.66	30.35 200m: 1:59.17	30.22	300m: 2:58.59	29.66	400m: 3:56.03	28.16
2.	Maarten Brzoskowski	KNZB - NTC	3:51.97	199500769	<b>3:57.87</b> A	+0,79	
	50m: 28.19	28.19 150m: 1:28.60	30.15	250m: 2:28.92	30.10	350m: 3:28.95	29.97
	100m: 58.45	30.26 200m: 1:58.82	30.22	300m: 2:58.98	30.06	400m: 3:57.87	28.92
3.	Joeri Verlinden	KNZB - NTC	4:05.96	198803549	<b>4:08.20</b> A	+0,68	
	50m: 29.08	29.08 150m: 1:32.41	31.72	250m: 2:35.57	31.17	350m: 3:38.46	31.40
	100m: 1:00.69	31.61 200m: 2:04.40	31.99	300m: 3:07.06	31.49	400m: 4:08.20	29.74
4.	Marcel Schouten	KNZB - NTC	4:03.09	199300653	<b>4:10.33</b> A	+0,77	
	50m: 29.94	29.94 150m: 1:34.08	32.07	250m: 2:37.51	31.36	350m: 3:40.52	31.59
	100m: 1:02.01	32.07 200m: 2:06.15	32.07	300m: 3:08.93	31.42	400m: 4:10.33	29.81
5.	Kyle Stolk	KNZB - NTC	3:59.93	199605231	<b>4:10.62</b> A	+0,73	
	50m: 28.75	28.75 150m: 1:32.05	31.90	250m: 2:36.79	32.09	350m: 3:40.97	31.52
	100m: 1:00.15	31.40 200m: 2:04.70	32.65	300m: 3:09.45	32.66	400m: 4:10.62	29.65
6.	Jens Bakker	De Dolfijn	4:06.08	199300021	<b>4:13.84</b> A	+0,71	
	50m: 29.44	29.44 150m: 1:33.56	32.04	250m: 2:38.11	32.44	350m: 3:42.81	32.42
	100m: 1:01.52	32.08 200m: 2:05.67	32.11	300m: 3:10.39	32.28	400m: 4:13.84	31.03
7.	Julius Flohr	DSW 1912 Darmstadt e.V.	4:04.00	160853	<b>4:15.77</b> R	+0,77	
	50m: 30.52	30.52 150m: 1:37.12	33.33	250m: 2:42.07	31.86	350m: 3:44.90	31.44
	100m: 1:03.79	33.27 200m: 2:10.21	33.09	300m: 3:13.46	31.39	400m: 4:15.77	30.87
8.	Pepijn Smits	KNZB - NTC	4:09.81	199600691	<b>4:16.22</b> R	+0,86	
	50m: 28.10	28.10 150m: 1:33.91	33.05	250m: 2:39.61	32.60	350m: 3:45.15	32.52
	100m: 1:00.86	32.76 200m: 2:07.01	33.10	300m: 3:12.63	33.02	400m: 4:16.22	31.07
9.	Tudor Puszet	Ealing Swimming Club	4:10.56	502097	<b>4:17.53</b>	+0,74	
	50m: 28.43	28.43 150m: 1:32.36	32.57	250m: 2:37.78	32.39	350m: 3:44.60	33.58
	100m: 59.79	31.36 200m: 2:05.39	33.03	300m: 3:11.02	33.24	400m: 4:17.53	32.93
10.	Yannick Vijver	De Dolfijn	4:13.98	199600469	<b>4:20.83</b>	+0,72	
	50m: 28.16	28.16 150m: 1:33.66	33.33	250m: 2:41.75	34.04	350m: 3:49.01	33.48
	100m: 1:00.33	32.17 200m: 2:07.71	34.05	300m: 3:15.53	33.78	400m: 4:20.83	31.82

Programmanr. 10, Heren, 400m vrije slag, Voorronde, Senioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT			
11.	Ruben Dekker	De Dolfijn	4:03.48	199300627	<b>4:20.93</b> +0,76			
	50m: 29.40	29.40	150m: 1:36.31	34.02	250m: 2:42.79	33.15	350m: 3:48.61	32.59
	100m: 1:02.29	32.89	200m: 2:09.64	33.33	300m: 3:16.02	33.23	400m: 4:20.93	32.32
12.	Jeffrey Camphens	DWT	4:26.73	199503113	<b>4:37.38</b> +0,73			
	50m: 30.31	30.31	150m: 1:39.47	34.81	250m: 2:50.93	35.92	350m: 4:03.19	35.97
	100m: 1:04.66	34.35	200m: 2:15.01	35.54	300m: 3:27.22	36.29	400m: 4:37.38	34.19
AFGEM	Rohan Singh	Ealing Swimming Club	4:31.27	411416				

Paralympisch

1.	Olivier van der Voort	KNZB - RTC	4:21.84	199703035	S10	<b>4:25.53</b> A	+1,00	778
	50m: 29.98	29.98	150m: 1:36.76	33.67	250m: 2:44.59	34.00	350m: 3:52.41	33.75
	100m: 1:03.09	33.11	200m: 2:10.59	33.83	300m: 3:18.66	34.07	400m: 4:25.53	33.12
2.	Thijs van Hofweegen	NTC Paralympisch	5:33.31	199605253	S7	<b>5:25.43</b> A	+1,08	631
	50m: 35.79	35.79	150m: 1:58.19	41.96	250m: 3:21.71	42.02	350m: 4:43.94	40.49
	100m: 1:16.23	40.44	200m: 2:39.69	41.50	300m: 4:03.45	41.74	400m: 5:25.43	41.49
3.	Yoav Valinsky	Israel Paralympic Committee	5:43.07		S6	<b>6:01.84</b> A	+0,85	503
	50m: 39.94	39.94	150m: 2:10.32	45.39	250m: 3:43.37	46.18	350m: 5:18.67	47.53
	100m: 1:24.93	44.99	200m: 2:57.19	46.87	300m: 4:31.14	47.77	400m: 6:01.84	43.17
4.	Charalampos Papaioannou	Greece	5:44.25	4658	S7	<b>5:53.92</b> A	+0,82	491
	50m: 38.03	38.03	150m: 2:06.77	44.66	250m: 3:37.33	45.32	350m: 5:09.78	46.10
	100m: 1:22.11	44.08	200m: 2:52.01	45.24	300m: 4:23.68	46.35	400m: 5:53.92	44.14