

KNZB Challenger Eindhoven
Eindhoven, 23-11-2014

Programmanr. 21
23-11-2014 - 15:21

Heren, 400m wisselslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
Senioren Open								
1. Frank Roovers	Knzb - Rtc	4:42.26	199800219	4:43.57 +0,79	1:02.49	1:14.15	1:20.28	1:06.65
50m: 28.66	28.66	150m: 1:40.24	37.75	250m: 2:55.36	38.72	350m: 4:11.29	34.37	
100m: 1:02.49	33.83	200m: 2:16.64	36.40	300m: 3:36.92	41.56	400m: 4:43.57	32.28	
2. Jari Groenhart	Knzb - Rtc	5:11.55	200000271	4:59.39 +0,84	1:10.13	1:15.96	1:26.12	1:07.18
50m: 31.96	31.96	150m: 1:48.74	38.61	250m: 3:08.66	42.57	350m: 4:26.30	34.09	
100m: 1:10.13	38.17	200m: 2:26.09	37.35	300m: 3:52.21	43.55	400m: 4:59.39	33.09	
3. Arjan Hanse	Az&Pc	NT	199500657	4:59.74 +0,79	1:11.34	1:17.73	1:23.36	1:07.31
50m: 31.18	31.18	150m: 1:51.12	39.78	250m: 3:10.52	41.45	350m: 4:27.74	35.31	
100m: 1:11.34	40.16	200m: 2:29.07	37.95	300m: 3:52.43	41.91	400m: 4:59.74	32.00	
4. Wietse Waninge	Az&Pc	5:21.16	199800023	5:01.80 +0,84	1:07.94	1:20.11	1:22.85	1:10.90
50m: 30.30	30.30	150m: 1:48.37	40.43	250m: 3:08.61	40.56	350m: 4:27.44	36.54	
100m: 1:07.94	37.64	200m: 2:28.05	39.68	300m: 3:50.90	42.29	400m: 5:01.80	34.36	
5. Björn Piket	HZPC	5:18.05	199602133	5:02.85 +0,81	1:09.23	1:19.95	1:26.21	1:07.46
50m: 31.45	31.45	150m: 1:49.83	40.60	250m: 3:11.75	42.57	350m: 4:29.34	33.95	
100m: 1:09.23	37.78	200m: 2:29.18	39.35	300m: 3:55.39	43.64	400m: 5:02.85	33.51	
6. Ruben Griffioen	De Columbiaan	4:58.81	199900771	5:04.06 +0,75	1:12.40	1:13.40	1:27.01	1:11.25
50m: 32.54	32.54	150m: 1:49.94	37.54	250m: 3:09.30	43.50	350m: 4:30.61	37.80	
100m: 1:12.40	39.86	200m: 2:25.80	35.86	300m: 3:52.81	43.51	400m: 5:04.06	33.45	
7. Ben Zentveld	VZV	5:10.61	199505835	5:19.34 +0,78	1:06.53	1:22.87	1:33.63	1:16.31
50m: 30.42	30.42	150m: 1:47.91	41.38	250m: 3:14.98	45.58	350m: 4:40.92	37.89	
100m: 1:06.53	36.11	200m: 2:29.40	41.49	300m: 4:03.03	48.05	400m: 5:19.34	38.42	
8. Jan-Willem Topfer	PSV	NT	200101825	5:30.89 +0,92	1:12.93	1:29.48	1:32.56	1:15.92
50m: 33.48	33.48	150m: 1:58.50	45.57	250m: 3:27.99	45.58	350m: 4:54.57	39.60	
100m: 1:12.93	39.45	200m: 2:42.41	43.91	300m: 4:14.97	46.98	400m: 5:30.89	36.32	
9. Timo Spaans	PSV	NT	200201087	5:43.25 +0,81	1:23.10	1:27.47	1:35.31	1:17.37
50m: 35.02	35.02	150m: 2:07.18	44.08	250m: 3:37.74	47.17	350m: 5:06.55	40.67	
100m: 1:23.10	48.08	200m: 2:50.57	43.39	300m: 4:25.88	48.14	400m: 5:43.25	36.70	